

## **NEW YEAR'S RITUAL**

### **Ingredients:**

- A brand new white or transparent dish, made of glass or plastic to be used only in rituals;
- 1 Guides & Angels Salt Cristovão Brilho;
- 1 Think Clearly and/or Focus & Grounding Oil Cristovão Brilho;
- 1 crystal that has the connection with what you expect for next year(for example: Health – Green Quartz, Love – Rose Quartz, Prosperity – Citrine, Protection and Negative Energies Clearing – Black Tourmaline, among others);
- A white paper to write the name and the intentions for the next year;
- 1 White Rose.

### **Procedure:**

Put the paper with the names and intentions onto the center of the dish; Add all the Energizing Salt; Over the salt, add all the Oil; Put The crystal, also, onto the center of the dish; Throw the petals over the dish; Leave this ritual in a calm place, without touching it;

**IMPORTANT:** This Ritual only can be done by one person.

On the seventh day of the year that has just begun, independently of the day the ritual was done, offer the Ritual (except the dish) to spirituality, returning to nature (woods, river, garden, sea or plants).