

## **ENERGIZING AND MOTIVATION RITUAL**

**Ritual which helps to reach hard goals brings bravery, finishes with apathy and recharges your energy.**

### **Ingredients:**

- A brand new white or clear dish (glass or plastic), just to use in rituals;**
- 1 Guides & Angels Energizing Salt Cristovão Brilho**
- 1 Focus & Grounding Energizing Oil Cristovão Brilho**
- 1 Garnet**
- 1 Citrine**
- 1 Cornaline Crystal**
- A white paper to write the person's name;**

### **Procedure:**

**Put the paper onto the center of the dish; Put the Crystals making a triangle shape**

**Add all the Energizing Salt; Over the salt, add all the Energizing Oil**

**Leave this ritual in a quiet place without touching it for 21 days;**

**After 21 days, offer the Ritual (except the dish) to spirituality, returning it to nature (woods, river, garden, ocean).**

**IMPORTANT: This Ritual just can be done for one person**