

AURA CLEANING`S RITUAL

Ingredients:

- A brand new white or transparent dish made of glass or plastic, just to use in rituals;**
- 1 Cleansing & Protection Energizing Salt;**
- 1 Guides & Angels Energizing Oil Cristovão Brilho;**
- 1 Smokey Quartz crystal;**
- 1 white Rose;**

Procedure:

Put all the salt and the rose petals into a container with water - 1 liter and keep this (there is no restriction about the container or the water temperature). Take a bath, as usual, at night. After the bath, pick the Energizing Oil and apply (in small amounts) on the feet, hands and forehead. Then, pour all the water with salt and petals all over your body (you do not need to wash your head with it). Dry your body as usual and take the crystal and pass it around your body (the crystal does not need to touch your body, pass it at a distance of, approximately, 5 cm).

Start by one foot, and go upwards over your body. Reach your arm, neck, head and go downwards by the opposite side of your body until you reach the other foot. The Energizing Oil and the Crystal must be used as written above, every night until the oil is done.

When the oil finish, take the crystals out of the oil's bottle and the Smoky Quartz and offer to the Spirituality, returning them to Nature (woods, river, garden, sea or plants).